

Assis. Prof. Mona SAYEGH GHOUSSOUB

Beirut- Lebanon

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CIVIL STATUS:

Nationality: Lebanese- French

Professional address: 108, Abdel Aziz street, Hamra, Beyrouth- Lebanon

1- DIPLOMAS

1-1- UNDERGRADUATE DIPLOMA:

Doctor in Dental Surgery - Saint Joseph University (Lebanese state diploma issued in Beirut)

1-2- POSTGRADUATE DIPLOMAS:

2019	PhD in Orthodontics/ Doctorate thesis - Lebanese University and Paris Diderot University (Paris VII). Subject: "Rapid Maxillary Expansion: Effect on Glenoid Fossa and Condyle-Fossa Relationship in Growing Patients"
1994	Certificat d'études cliniques spéciales, mention orthodontie (C.E.C.S.M.O, Paris Diderot University- PARIS VII), 4-year curriculum
1994	- Master's Thesis « Guidage de l'éruption et architecture dento-parodontale » (University PARIS VII) - University Diploma in Dentofacial Orthopedics and Orthodontics, (Pierre et Marie Curie University– PARIS VI), 2-year curriculum - Certificat d'études supérieures (C.E.S) in Dentofacial Orthopedics (René Descartes University– PARIS V). (Major de promotion), 1-year curriculum - Certificat d'études supérieures (C.E.S) in Oral Biology, option anatomo-physiology (René Descartes University– PARIS V), 1-year curriculum - French equivalence of Doctor of Dental Surgery Authorization to practice Dental Surgery in France

1-3- PAST AND ACTUAL SHARES:

- Current Head of Department at the Division of Orthodontics and Dentofacial Orthopedics, School of Dental Medicine- Lebanese University.
- Former Postgraduate Program Director at the Department of Orthodontics and Dentofacial Orthopedics, School of Dental Medicine- Lebanese University.
- Former Head of clinical services (undergraduate program) at the Department of Orthodontics and Dentofacial Orthopedics, School of Dentistry- Lebanese University
- Former President of the Lebanese Orthodontic Society (LOS).
- Former President of the Scientific Committee of the Lebanese Orthodontic Society.

2 – PUBLICATIONS

- 1994 :** Thèse « Guidage de l'éruption et architecture dento-parodontale » : Recherche sur l'influence du guidage de l'éruption sur l'architecture dento-parodontale et sur l'inclinaison des incisives mandibulaires (présentée à la fin du C.E.C.S.M.O : Certificat d'études cliniques spéciales- mention Orthodontie).
- 2000 :** Sayegh Ghoussoub M, Asmar G. Une mise au point sur le collage en orthodontie. JLDA. 2000 ; 38 : 79-86.
- 2004 :** Sayegh Ghoussoub M, Rizk Moussa A. Distraction osseuse- Perspectives d'avenir en orthodontie. Leb. J. Dent. Med. 2004 ; 3 (1) : 39-46
- 2005:** Sayegh Ghoussoub M, Ghoussoub K, Moucharrafieh L, Khoury A, Sleilaty G, Rifaï K. Troubles musculo- squelettiques chez une population de chirurgiens dentistes Libanais: prévalence et facteurs de risque. J Med Liban. 2005 Jan-Mars ; 53(1) :21-7.
- 2006:** Sayegh-Ghoussoub M. Diagnosis and management of a particular case of compound composite odontoma. JLDA. 2006 sept; 43(1) :21-28.
- 2008:** Sayegh Ghoussoub M, Ghoussoub K, Chaaya A, Sleilaty G, Rifai K. Problèmes spécifiques de la sphère oro-maxillo-faciale et de l'ouïe chez 340 musiciens libanais pratiquant l'instrument à vent . J Med Liban. 2008 Juil-Sept ; 56(3) :159-167.
- 2008:** Sayegh Ghoussoub M, Ghogassian S, Kassir C. Non surgical treatment of skeletal Class III malocclusion: report of two adult case. JLDA. 2008 Sept; 45(1):47-56.
- 2008:** Ghoussoub K, Fakhoury O, El Hage A, El Horr F, Sayegh Ghoussoub M, Sleilaty G. Handicap et sport de compétition: étude sur 210 handicapés sportifs libanais. Journal de réadaptation médicale 2008 ; 28:102-109.
- 2008:** Sayegh Ghoussoub M, Okais N, Ghoussoub K, Moucharrafieh L, Khoury A, Rifaï K. Les dorso-lombalgie et autres troubles musculo-squelettiques chez les chirurgiens-dentistes et leur prévention. Article présenté au comité scientifique de l'Université Libanaise et accepté pour publication.
- 2010:** Sayegh Ghoussoub M. Nonsurgical treatment of a patient with facial asymmetry and canted occlusal plane using miniscrew anchorage. JLDA. 2010 June; 47(1):21-28.
- 2013:** Ghoussoub K, Kreichati G, Kreidi M, Sayegh Ghoussoub M, Sleilaty G, Rizk R. Facteurs prédictifs des troubles ostéo-articulaires chez les

- utilisateurs d'ordinateurs au liban : à propos d'une cohorte de 810 employés. *J Med Liban* 2013 ; 61 (3) : 161-169.
- 2018:** Ghoussoub MS, Rifai K, Garcia R, Sleilaty G. Effect of rapid maxillary expansion on glenoid fossa and condyle-fossa relationship in growing patients (MEGP): Study protocol for a controlled clinical trial. *J Int Soc Prevent Commun Dent* 2018;8:130-6.
- 2018:** Sayegh Ghoussoub M, Garcia R, Sleilaty G, Rifai K. Effect of Rapid Maxillary Expansion on Condyle-fossa Relationship in Growing Patients. *J Contemp Dent Pract*. 2018 Oct 1;19(10):1189-1198.
- 2019:** Sayegh Ghoussoub M, Sleilaty G, Garcia R, Rifai K. Correlation between Temporomandibular Joints and Nasal Cavity Width in Growing Patients after Rapid Maxillary Expansion. *J Contemp Dent Pract*. 2019 Jun 1;20(6):686-692.
- 2020:** Gujar AN, Baeshen HA, Alhazmi A, Ghoussoub MS, Raj AT, Bhandi S, et al. Comparison of biochemical markers of bone metabolism between conventional labial and lingual fixed orthodontic appliances. *Niger J Clin Pract* 2020;23:568-73.
- 2021:** Farha P, Sayegh Ghoussoub M. Surgical treatment of a borderline skeletal Class III patient: an interdisciplinary approach. *Med Arch*. 2021 Feb;75(1):68-76.
- 2021:** Sharawi N, Ghoussoub MS, Patil S et al. Pharmacological Means of Pain Control during Separator Placement: A Systematic Review. *J Contemp Dent Pract*. (2021): 10.5005/jp-journals-10024-3010.
- 2021:** Venugopal A, Sayegh Ghoussoub M, Manzano P, Mehta P, Marya A, Vaid N, Ludwig B, Bowman J. Molar protraction on an adult with severe high-angle class III malocclusion and knife-edge residual ridges. *Orthod Waves*. 2021 Jun;80(2):1-10.
- 2022:** Marya A, Venugopal A, Sayegh Ghoussoub M. Are We Hearing Right? The Negative Impact of New SARSCoV- 2 Preventive Measures and Prolonged Use of Treatment Modalities during Orthodontic Treatment. *Pesqui Bras Odontopediatria Clín Integr*. 2022; 22:e210201. <https://doi.org/10.1590/pboci.2022.023>
- 2023: Farha P, Abu Arqub Sarah, Sayegh Ghoussoub Mona. Correlation Between Cephalometric Values and Soft Tissue Profile in Class I and Class II Adult Patients. Article accepted at the Turkish Journal of Orthodontics in April 2023.

3 – CONFERENCES

- 1994 :** « L'orthodontie de l'adulte ». Congrès de la Société Française d'Orthopédie Dento-Facial. (S.F.O.D.F)
- 1998 :** « Classe III chirurgicale, approche pluridisciplinaire ». Beirut International Dental Meeting
- 2000 :** « D.D.M en denture mixte, substitut possible aux extractions séries ». Congrès d'Orthodontie – Pédodontie
- 2002 :** « Relations molaires en O.D.F. selon l'âge ». Beirut International Dental Meeting, Lebanese University
- 2004 :** « Comment aborder les malocclusions de Classe III ? ». Beirut International Dental Meeting, Lebanese University
- 2004 :** « Problèmes spécifiques de la sphère oro-maxillo-faciale et de l'ouïe chez les musiciens pratiquant les instruments à vent : A propos de 340 musiciens libanais ». Chaaya A, Ghoussoub K, Sayegh-Ghoussoub M, Rifaï K. SOFMER Meeting 2004 (Société Française de Médecine Physique et de Réadaptation)
- 2007 :** « Management of supernumerary teeth in Orthodontics ». Beirut International Dental Meeting
- 2009:** « Orthodontic management of borderline malocclusions treated non surgically ». Beirut International Dental Meeting, Lebanese University
- 2010:** Scientific day held by Dr Ghoussoub M. at the Syrian Orthodontic Society. June 24.
- 2010:** « Advances in Orthodontics ». Beirut International Dental Meeting. September 22-25.
- 2011:** Conference: « Multidisciplinary approach in Class III malocclusion treatment. A case report. 12thAnnual Meeting of the Lebanese Orthodontic Society
- 2011:** Conference: « White spot lesions during orthodontic treatment ». 21st Beirut International Dental Meeting
- 2011:** Conference: « Malocclusions, orthodontics and speech; what to consider? ». 21st Beirut International Dental Meeting

- 2012:** Conference: « Retention in Orthodontics : A three-dimensional philosophy ». 22nd Beirut International Dental Meeting, Congress Palace Beirut, September 19-22, 2012.
- 2012:** Conference: « Role of the orthodontist in gummy smile treatment». Continuous education- Lebanese University.
- 2014:** Conference: « Orthodontic approach: transverse dimension first». 24th Beirut International Dental Meeting, Beirut International Exhibition and Leisure Center, September 11-13, 2014.
- 2014:** Poster: «Superimposition in orthodontics: essential tool of learning». 12thAnnual Meeting of the Lebanese Orthodontic Society, (2nd price poster).
- 2015:** Poster: «Three- dimensional soft tissue prediction in orthodontics and orthognathic surgery». 24th Beirut International Dental Meeting, Lebanese University, 2015. 2nd price poster.
- 2015:** Poster: «Class III patient treated with asymmetrical extractions- a case report». 24th Beirut International Dental Meeting, Lebanese University, 2015.
- 2015:** Conference: «Breastfeeding and maxillary growth». 8th scientific day of the school of midwives. May 18, 2015 at the Saint-Joseph University.
- 2015:** Conference: «Rapid maxillary expansion: Three-dimensional visualization ». 25th Beirut International Dental Meeting, Beirut International Exhibition and Leisure Center, October 8-9, 2015.
- 2015:** Poster: « Premolars in smile esthetics: perceptions in dental professionals and laypersons». 25th Beirut International Dental Meeting, Beirut International Exhibition and Leisure Center, October 8-9, 2015.
- 2016:** Poster: « Facial asymmetry perception in professional and nonprofessional groups ». 8th International meeting, April 21-23, 2016 -Balamand University.
- 2016:** Poster: « Corticotomy: Efficiency and anchorage control ». 26th Beirut International Dental Meeting, Beirut International Exhibition and Leisure Center, October 14-15, 2016.
- 2017:** Poster: « Transverse dental compensation in skeletal Class II patients ». 15thAnnual Meeting of the Lebanese Orthodontic Society, March 2017.

- 2017:** Poster: « Conventional Versus Instant Orthodontics». 25th Beirut International Dental Meeting, Lebanese University, May 2017.
- 2018:** « Impact fonctionnel de la disjonction rapide maxillaire ». 2^{ème} congrès Tuniso-Libanais, Regency Tunis Gammarth, December 14-16, 2018.
- 2019:** « New cephalometric landmarks identification in Rapid Maxillary Expansion ». 16th Convention of the Lebanese University, May 2-4, 2019.
- 2019:** « Functional Effect of Rapid Maxillary Expansion ». 11th Syrian Orthodontic Congress, Nov. 27-28, 2019.
- 2020:** « Clinical severity of orthodontic malocclusions ». Webinar at the Orthodontic Mastery Group, August 21, 2020.
- 2020:** Organizer and moderator for the Solidarity Fundraising Event after Beirut explosion with Orthodontic Mastery Group. September 18-19, 2020.
- 2020:** Chairperson at the CAPP webinar. 15th CAD/CAM & Digital dentistry International Conference. November 12-15, 2020.
- 2020:** Moderator at Orthodontic Mastery Group webinars and Al-Azhar University (Egypt) webinars. 2020.
- 2021:** « Approche Orthodontique Globale au Traitement du Sourire Gingival ». Invited speaker at the webinar of the ATREO- Association Tunisienne de Recherche et d'Etudes en Orthodontie. January 16, 2021.
- 2021 :** « Functional Effect of Rapid Maxillary Expansion: an Update». Keynote speaker at the 17th Turkish Orthodontic Society TOS International Virtual Congress. March 12-14, 2021.
- 2021:** « 12 extraction variations treated by self-ligation system». Moderator at the CAPP for Chris Chang presentation. April 11, 2021.
- 2021:** « Management of supernumerary teeth in orthodontics: multidisciplinary approach». Invited speaker at Tawassol Dentists Group- Morocco. May 21, 2021.
- 2021:** « Comprehensive Orthodontic Approach of the Excessive Gingival Display». Invited speaker at EDSIC-Ortho. Cairo-Egypt. August 29-31, 2021.
- 2021:** «Aesthetic Milestones in Orthodontics». Invited speaker at the 15th Annual Meeting of the Saudi Orthodontic Society SOS. December 6-8, 2021.
- 2021:** «Clinical Severity in Orthodontics: from Assessment to Treatment». Invited speaker at the 12th Annual Meeting of the Syrian Association of Orthodontists- Damascus. December 7-9, 2021.
- 2022:** «Comprehensive Orthodontic Management of the Excessive Gingival

Display». Speaker at the 19th LOS Meeting- July 15, 2022 at Gefinor Rotana (Beirut).

2022: «Facial asymmetries in Orthodontics». Speaker at the BIDM- October 13-15, 2022 at Seaside Beirut New Waterfront.

Tutor for undergraduate and postgraduate dissertations in the School of Dentistry at the Lebanese University:

- 2012:** **Sara Arja:** “Contribution of new radiological technique (CBCT) in orthodontics”. Undergrad.
- 2013:** **Mireille Kanaan:** “Surgical-orthodontic treatment of excessive gingival display”. Undergrad.
- 2014:** **Robin Khoury:** “What’s new in orthodontic superimposition?”. Undergrad.
- 2016:** **Christophe Zoughaib:** “Facial asymmetries in Orthodontics”. Undergrad.
- 2017:** **Jessica Chaaya:** “Novelties in adult Orthodontics”. Undergrad.
- 2018:** **Gloria Khalil:** “Three-dimensional visualization of the rapid maxillary expansion”. Undergrad.
- 2019:** **Ursula Abou Kheir:** “Esthetic appliances in Orthodontics”. Undergrad.
- 2020:** **Rim Rkein:** “2D versus 3D soft tissue evaluation in Orthodontics”. Undergrad.
- 2021:** **Arine Lozoyan:** “New concepts in Rapid Maxillary Expansion”. Undergrad.
- 2022:** **Philip Farha:** “Correlation between cephalometric values and soft tissue profile in class I and class II adult patients”. Postgrad.
- 2023:** **Ursula Abou Kheir:** “Comparison between two dimensional and three-dimensional imaging in evaluating the frontal dimension using Grummons Analysis”. Postgrad.

4 – COMMUNICATIONS

ANNUAL INTERNATIONAL COMMUNICATIONS AND ABSTRACTS (ABSTRACTS) SUBMITTED TO A READING COMMITTEE:

- 2001 :** «Problèmes liés au port du cartable : à propos de 706 élèves ». Ghoussoub K, El-Ghorr L, Gerbaka B, Kharrat K, **Sayegh-Ghoussoub M.** XVI Journées de la SOFMER, October 4-7 BORDEAUX-FRANCE
- 2001 :** « Prévalence des douleurs et atteintes ostéo-articulaires chez les musiciens libanais. Etude rétrospective sur 210 musiciens ». Ghoussoub K., Baddoura R., Osta L., **Sayegh-Ghoussoub M.**, Roukoz S. XVI Journées de la SOFMERR, October 4-7. BORDEAUX-FRANCE
- 2001 :** « Prévalence des douleurs et atteintes ostéo-articulaires chez les musiciens libanais ». Ghoussoub K., Baddoura R., Osta L., **Sayegh-Ghoussoub M.**, Roukoz S. Société française de rhumatologie- Paris, November 19-21.
- 2001 :** « Problèmes liés au port du cartable : à propos de 706 élèves » . Ghoussoub K, El-Ghorr L, Gerbaka B, Kharrat K, **Sayegh-Ghoussoub M.** Société française de rhumatologie – Paris, November 19-21.
- 2002 :** « Problèmes ostéo-articulaires et cutanés des danseuses de ballet au Liban : Etude de la prévalence et des facteurs de risque ». Ghoussoub K, Kahwagi M, Slailati G, Kreichati G, **Sayeghbana5se-Ghoussoub M.**, Kharrat K. Communication orale Congrès de la SOFMER –Perpignan- October.
- 2003 :** « Problèmes ostéo-articulaires chez les chirurgiens-dentistes libanais ». **Sayegh-Ghoussoub M.**, Ghoussoub K, Moucharafieh L, Khoury A, Rifaï K. Congrès national de la SOFMER. Lille, octobre 16-18.
- 2004 :** « Problèmes spécifiques de la sphère oro-maxillo-faciale et de l'ouïe chez les musiciens pratiquant les instruments à vent: A propos de 340 musiciens libanais». Chaaya A, Ghoussoub K, **Sayegh-Ghoussoub M.**, Rifaï K. Congrès national de la SOFMER 2004
- 2005:** « Troubles musculo-squelettiques chez les secrétaires et les utilisateurs de l'ordinateur au Liban : etude épidémiologique rétrospective à propos de 811 employés ». Ghoussoub K, Kreichati G, Kreidi M, **Sayegh- Ghoussoub M.**, Sleilati G, Rizk R. Congrès national de la SOFMER - Dijon, october 13-14.

5–PROFESSIONAL MEMBERSHIPS

- Fellow, Lebanese Orthodontic Society (LOS)
- Fellow, Arab Orthodontic Society (AOS)
- Fellow, World Federation of Orthodontists (WFO)
- International Member of the American Association of Orthodontists (AAO)
- Fellow, International College of Dentists (ICD)

6– PROFESSIONAL EXPERIENCE

- Currently and from 2021: Head of the Department of Orthodontics & Dentofacial Orthopedics, School of Dental Medicine- Lebanese University
- From 2012 to 2016 & from 2019 to 2020: Postgraduate Program Director, Department of Orthodontics & Dentofacial Orthopedics, School of Dental Medicine- Lebanese University
- 2011-2013: Head of Clinical Services (Chef de service), Undergraduate level, Department of Orthodontics & Dentofacial Orthopedics, School of Dental Medicine- Lebanese University
- 2000 to present: Didactic teaching, Postgraduate level, Department of Orthodontics & Dentofacial Orthopedics, School of Dental Medicine- Lebanese University
- 2000 to present: Clinical teaching, Postgraduate level, Department of Orthodontics & Dentofacial Orthopedics, School of Dental Medicine- Lebanese University
- 2000 to present: Clinical and didactic teaching, Undergraduate level, Department of Orthodontics & Dentofacial Orthopedics, School of Dental Medicine- Lebanese University
- 1995 to present: Practice limited to Orthodontics-Private office-Beirut, Lebanon and Bchamoun-Aley.

7– LANGUAGES

- Arabic
- French
- English